

# Careers are for everyone!

Careers don't have genders or ethnicities even though people may say so!



I was told Black women couldn't be astronauts. I became the first Black woman to go to space!

Mae Jemison



I was told Mexican immigrants couldn't make it to Hollywood. I became one of the most famous directors of all time!

Guillermo Del Toro



I was told Muslim girls couldn't go to school. I did anyway and became the youngest person to win a Nobel Prize!

Malala Yousafzai



## WORK WITH YOUR STRENGTHS

- 1 WORD SMART**  
Writer, Editor, Publisher, Copy Writer, Proofreader, Screenplay Writer, Journalist, Public Relations, Teacher, Broadcaster
- 2 LOGIC SMART**  
Scientist, Engineer, Programmer, Lawyer, Economist, Analyst, IT, Accountant, Detective, Doctor, Pharmacist, Researcher
- 3 BODY SMART**  
Athletes, Actor, Mechanic, PE Teacher, Coach, Personal Trainer, Physical Therapist, Handyman, Dietician, Yoga Instructor, Dancer
- 4 MUSIC SMART**  
Musician, Singer, Music Teacher, Sound Engineer, Choir Director, DJ, Composer, Song Writer, Orchestra Conductor, Music Minister
- 5 VISUAL SMART**  
Landscape Designer, Architect, Artist, Graphic Designer, Pilot, Surveyor, Sculptor, Urban Designer, Engineer, Photographer
- 6 NATURE SMART**  
Naturalist, Wildlife Biologist, Ecologist, Forest Ranger, Veterinarian, Farmer, Botanist, Zookeeper, Camp Director, Pet Store Owner
- 7 PEOPLE SMART**  
Teacher, Entrepreneur, Salesman, Counselor, Politician, Manager, Diplomat, Product Manager, Outreach Specialist, Interpreter
- 8 SELF SMART**  
Psychologist, Counselor, Spiritual Leader, Poet, Writer, Artist, Engineer, Researcher, Social Worker, Criminologist, Philosopher



EXPECT YOUR STRENGTHS TO GROW AND CHANGE WITH YOU!

## EMBARK ON A JOURNEY OF SELF-DISCOVERY



Created by M.S. Counseling students at California State University, Sacramento

SO MANY  
**possibilities!**

SCAN THE QR  
CODE TO CHECK  
OUT THOUSANDS  
OF CAREERS!



[WWW.BLS.GOV/OOH](http://WWW.BLS.GOV/OOH)

Is there a  
career about...  
mushrooms?

There sure is! It's  
called a  
mycologist!

Wow, there are so  
many careers I  
haven't even heard  
of yet!

## CAREER EXPLORERS ARE...

### Adaptable

Career explorers embark on a journey! This journey is not a straight line. It's a curvy path! You can change and adjust your plan when you have new experiences, learn new things, or change as a person. Taking the curvy path gives you the freedom to go wherever you need to.

### Open-Minded

For career explorers, there's not one right answer. Your path can be any shape! There are so many options to explore throughout your life. If you try something and discover it's not for you, you can try something else!

### Growth-Minded

You will encounter challenges on your journey, and that's normal! If you're not good at something yet, you can learn and improve. If you get stuck or feel lost, you can ask for support from others. Don't give up when things get hard. You are learning!

### Self-Advocates

Being a self advocate means that you tell others what you need, ask for help, and stand up for yourself and others when you need to. For example, you can ask a parent, teacher, or counselor for support exploring your interests.

#### DID YOU KNOW?

Even adults change  
their careers, and  
college students  
change their  
majors!

Let's Begin  
Exploring!

I'm interested in...

I'm passionate about...

I would like to explore this interest or strength more:

I can ask \_\_\_\_\_ for help finding a  
way to explore this more.

These are some unique ways that I am smart:

### There are many kinds of smart!

Scientists found that I can understand multiple human languages, and tell them apart. Plus, I am one of the most compassionate animals. I work with other elephants to help my friends when they're in trouble!  
**What are some unique ways that you are smart?**

